



R458

R462

Mid Clare Way

Ballinrúan Loop

Gortnamearacaun Loop

Mid Clare Way

Ballinrúan

Drumroon Loughs

Cloggaghwood Lough

Tonranny

Scalpnagown

Doon Lough

Calluragh

Lough Nahaghlish

Illancronan Lough

Gortaniska

Ballinrúan Lough

Quarry

Loughaun

Lough Blarnagh

Gortnamearacaun

250

Caher

Cappamore

Derryveagh

Derrycalliff

Cummeen Lough

Knockreddan

Derryheena

Derryvet



Distance : 14.9 kilometre Total ascent : 220m Highest Point : 235m

